



## Peer Partner - Buddy

### Your role:

- **friend**
- **extra set of eyes**
- **training partner**
- **role model**

## Friend

- Take the initiative and interact with different athletes throughout practice, think of yourself as the **inclusion coach**
- **Participate fully** in all sessions and make a consistent effort to interact with participants
- Find out what the athlete likes—there is probably more in common than you think!
- Provide **specific** positive comments
  - “Great job (name) passing the ball!”
  - “(Name) you did a great job dribbling around the cones”

## Extra Eyes

- Looks out for the safety of the player
- Monitor the environment around them
  - Shoes untied, water bottles on the ground etc.
- Be on the look out for signs of overheating and fatigue, provide prompts for water breaks
- Phones should **not** be out on the field

## Training Partner

- Demonstrates desired skill/activity
- Encourage passing, communication, and taking turns —help create an environment where everyone feels valued.
- Assist during games, **don't score** for the player.
- Encourage decision making, independence, and create opportunities for the **athlete to be successful**
- When appropriate it is okay to challenge the athlete

## Role Model

- Always act with **respect, fairness, and sportsmanship.**
- Listen carefully and respond respectfully to all coaching staff
- Demonstrate appropriate social and communication skills
- Step outside your comfort zone

**Please, sign in each week you attend.**

- **first session: name and email**
- **subsequent sessions: tally mark next to your name on the master sheet**